	CARING	HONEST	RELIABLE	COMPETENT
LEVEL 5	They seem to have an innate sense for my needs and interests and, without prompting, work towards an outcome that is win-win for both of us	They tell the truth regardless of self-interest; I always get the full picture	They consistently do what they say they'll do; my commitments are safe with them	They exhibit mastery by anticipating what needs to be done in any situation and knowing how to do it intuitively
	3	3	3	5
LEVEL 4	They ask about my needs and interests and will generally take opportunities, when they crop up, to realise common goals	I feel confident they are telling the truth because I have checked on a number of occasions	They mostly do what they say, and let me know in advance if they need more time or help	They are expert, responding quickly to a manifest need through a mix of reasoning and some intuition, drawing on a repertoire of rules-based approaches
	2	2	2	4
LEVEL 3	When specifically asked, they will make some effort to accommodate my needs and interests	Sometimes I have to ask questions to get the full picture	In the end the task gets done, though sometimes after a reminder, and/or sometimes late	They are proficient, showing good familiarity with the rules, which allows them to calculate a dependable response across most situations
	1	1	1	3
LEVEL 2	They are sometimes not receptive to requests for cooperation	Often what they tell me doesn't feel right, or quite match other accounts	If I don't hassle them it doesn't get done	As an experienced beginner, they follow rules and instructions and show some ability to adapt to unexpected situations
	0	0	0	2
LEVEL 1	Intentionally or not, they sometimes seem to work against my interests	It's clear to me they are obfuscating and deflecting to protect their self-interest	They never deliver and are immune to pleas and threats	A novice, they laboriously follow rules, and are flummoxed when there is no obvious application of them
	0	0	0	1

TABLE 1. The Trustworthy Tracker (© Copyright Dave Stitt 2013)